

**PERSON
CENTRED
HEALTHCARE**
INTERNATIONAL
CONGRESS
PROCEEDINGS



PORTO, OCTOBER 2019

APASD • ASSOCIAÇÃO PARA A SEGURANÇA DOS DOENTES

APPROVED ABSTRACTS

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outcomes, stressing the need to provide adequate healthcare services in the context of a centered healthcare approach.

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Keywords: Person Centered Healthcare; health determinants; health outcomes; index development

ICPCM19-85910 **PERSON-CENTERED ATTENTION ON THE PROVISION OF CARE FOR ELDERLY: APPROACHES, EVALUATION TOOLS AND RELEVANCE OF ITS STUDY IN PORTUGAL**

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POSTER

Population aging is an achievement that generates new challenges and needs, highlighting the increase in dependence situations, which require quality services and professional care. Supporting the increasingly heterogeneous older people, respecting their rights and preserving their dignity is a challenge in which the biomedical model shows exhaustion signs. This model, which has dominated the elderly care provision in Portugal, tends to focus on disease and deficits by presenting a tighter organization, asymmetrical care relationships, uniformed practices and standardized procedures. The Person-Centered Attention (PCA) extends the previous paradigm and brings together, in addition to the biological aspects, psychosocial factors, promoting a holistic and integrative view. This approach interprets the person as a whole, putting him/her at the center of the care organization, giving him/her

an active role as a decision maker/causal agent, wanting to respond to his/her needs/limitations and promoting capabilities/potentialities through the right to self-determination and the personalization of care. This paradigm tends to have better health outcomes because it enhances the establishment of quality (and more symmetrical) interpersonal relationships, where the power to care is shared, and, by promoting the person's involvement, gives them a greater control and participation in their health process. However, there is no consensus model for the implementation of PCA in the care of the elderly, nor instruments to assess the tendency for its practice in Portugal. This project aims to expand the knowledge about PCA on the provision of care for elderly people and to develop the validation process for the Portuguese population, of the Person-Centered Care Assessment Tool (Edvardsson, Fetherstonhaugh, Nay, & Gibson, 2010) and The Staff Assessment Person-Directed Care (White, Newton-Curtis, & Lyons, 2008). The objective is to contribute to the gerontological responses in Portugal in order for it to have more resources for the enhancement of good practices and quality care.

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